



Coquitlam Lawn Bowling Club

Communicable Disease Prevention Plan

July 2021

PREAMBLE:

As COVID-19 vaccinations have become widely available to British Columbians the overall risk of COVID-19 transmission and serious consequences has diminished. Despite this, the virus will still circulate like other communicable diseases.

It is the responsibility of each lawn bowling club to prepare and implement a Communicable Disease Prevention Plan (CDPP). The purpose of the CDPP is to identify on-going measures that may reduce the risk of communicable disease transmission at the lawn bowling club. The CDPP need not be lengthy or complicated. The intent is to provide basic principles and procedures to reduce risk of transmission.

The CDPP can be expressed by text narrative or pictorially, or both. Our club has chosen this text document and several posters to explain easy methods of reducing the risk of communicable disease transmission.

DEFINITION:

A *communicable disease* is an illness caused by an infectious agent or its toxic product that can be transmitted at a lawn bowling club from one person to another. Examples of communicable diseases that may circulate in a lawn bowling club include COVID-19, norovirus and seasonal influenza.

COMMUNICABLE DISEASE PREVENTION PLAN:

The lawn bowling club will exercise whatever preventative measures that they choose in addition to the use of posters. The purpose of the CDPP is to reduce the possible transmission of a communicable disease and to make the lawn bowling club members feel safe in attending the club and participating in lawn bowling and social activities.

Below are a set of standard precautions to minimize the risk of spreading infectious disease. Our club will adhere to the following precautions:

- We will have a supply of alcohol-based (65–95%) hand sanitizer readily available for members, visitors and volunteers to use.
- We will stay stocked on spray disinfectant and paper towels to clean surfaces (every other day, if possible) in the clubhouse (e.g., door handles, water fountains, tables, food preparation surfaces, phones, chair arms).
- We will undertake similar surface disinfecting routines frequently in the equipment shed, such as water taps and door handles, but not the bowling equipment. Frequent disinfecting of hands should be done after contact with the bowling equipment.

- We will post hand washing reminder signs in the bathrooms, food preparation area, and the equipment shed.
- We will require all individuals involved in food preparation and service to begin by thoroughly washing their hands. Food preparers and servers are also encouraged to use gloves.
- We will provide frequent reminders for volunteers and members on healthy hygiene practices that include washing with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing.
- If soap and water are not available and hands are not visibly dirty, use an alcohol based hand sanitizer that contains at least 65% alcohol.
- We will insist that members stay away when sick, even without documentation from doctors. We will insist that anyone who has a contagious illness or potentially contagious illness refrain from attending or volunteering in any capacity.
- We will insist that adult caregivers and first aid providers with open sores on their hands wear protective gloves.
- We will insist that adult caregivers and first aid providers wear gloves when exposed to bodily fluids and follow standard precautions as established.
- We will insist that items soiled by bodily fluids be placed in sealed plastic bags.

Relevant posters are placed in strategic locations throughout the facility including kitchen, washrooms, and bulletin boards. Clubs may use whichever posters they choose or may provide other suitable alternatives provided that the contents and information is made available to club members, volunteers and visitors.